Humboldt Community Resource List: Urgent Needs

Crisis Phone Lines

- Suicide Prevention/Veteran's Crisis Line 988
- California Youth Crisis Line 800-843-5200
- Family Urgent Response System 833-939-3877
- Child Welfare Services 24-hour Hotline 707-445-6180
- Adult Protective Services 24-hour Hotline 866-527-8614 or 707-476-2100
- Human Trafficking (local) 707-599-1415
- Human Trafficking (national) 888-428-7581
- Behavioral Health Crisis Line 707-445-7715 888-849-5728
- Substance Use Disorder 24-hour Hotline 855-765-9703 800-735-2929 or 711
- Humboldt Domestic Violence Services 707-443-6042 24 Hrs. 866-668-6543 24 Hrs. 707-444-9255
- North Coast Rape Crisis 707-445-2881
- LGBT National Help Center 888-843-4564
- Alcoholics Anonymous 844-422-0711

Linking to Resources

 2-1-1 Humboldt Information and Resource Center Also 707-441-1001 or toll-free 877-460-6000.
 211humboldt.org

- Humbolt Community Resource List <u>humboldtgov.org/hcrl</u>
- Open Door Member Services Assists patients and other community members with accessing programs and benefits they may be eligible for. 1522 Third St., Eureka 707-269-7073
- Family and Community Resource Centers

Call 2-1-1 to find one near you or visit hnfrc.org.

Arcata, Blue Lake, Bridgeville, Carlotta, four in Eureka, Fortuna, Hoopa, Loleta, Manila, Mattole, McKinleyville, Redway, Rio Dell and Willow Creek.

Public Assistance

DHHS Social Services 929 Koster St., Eureka CalFresh, Medi-Cal, CalWORKs, General Relief, TAP 8 a.m.- 5 p.m., Mon.-Fri. See website for McKinleyville, Garberville, Fortuna, Redway and Hoopa office information. <u>humboldtgov.org/SocialServices</u> Call Center 1-877-410-8809

Other Resources

Hope Center

Share resources for recovery. Many free activities, workshops and classes. 2933 H St., Eureka 10 a.m. -4 p.m., Mon.- Fri. 707-441-3783

Humboldt Senior Resource Center
 1910 California St., Eureka
 Multiple programs. Call for more
 information.
 707-443-9747

Food – Hot Meals

Arcata House Partnership - Lunch Box
Truck

Various locations: Regular location 14th and Union streets in Arcata. Noon-12:50 p.m., Mon.- Fri. 707-633-6236

- Heritage Café (Older Adults, 60+)
- Throughout the county.
 Call to make a reservation. Suggested donation of \$3.50 per meal. Individuals are welcome to dine even if unable to donate. 707-443-9747
- St. Vincent de Paul Dining Room 35 W Third St., Eureka Hot lunch 11a.m. to 1 p.m., 7 days a week. 707-445-9588
- Eureka Rescue Mission, Women & Children 107 Third St., Eureka Dinner/Chapel Daily 4:45 p.m. 707-443-5016
- Eureka Rescue Mission, Men 110 Second St., Eureka Hot meals daily. Weekdays breakfast 6 a.m., Weekends 7 a.m. Dinner sign-ups 5:30 - 6 p.m., dinner starts 6:30 p.m. 707-443-4551
- Healy Senior Center, Redway
 456 Briceland Road, Redway
 60+ \$7/Hot meal, \$5/Frozen. Under age
 60, \$9 Mondays, Wednesdays and
 Thursdays, 12:30-1 p.m.
 707-923-2399

Food – Pantries

Food for People
 307 W. 14th St., Eureka
 Call Monday 9 a.m.-4 p.m. to make appt.
 for that week.
 Will have information on pantries in

different regions. Can also call 2-1-1.

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Open Mon. -Thurs. 9:30 a.m. - 3:30 p.m. 707-445-3166

• Cal Poly Humboldt- "Oh Snap!" Cal Poly Humboldt, Rec & Wellness Center. Call for hours. 707-826-4556

Shelter

Arcata House Partnership

Arcata long-term emergency shelters. Call to be put on waiting list. 707-633-6236

• Eureka Rescue Mission (Men) 110 Second St., Eureka Sign up for a bed at 5:30 p.m., chapel service, hot meal, shower and exchange dirty for clean clothing.

Must be male and 18 years old or older, have picture identification and be sober. Breathalyzer used. 707-443-4551

• Eureka Rescue Mission (Women & Children)

107 Third St., Eureka

Interview and picture ID required to utilize services at the shelter.

Interviews at 4:45 p.m.

Females with or without kids aged 12 years and under welcome. Breathalyzer used. 707-443-5016

- Nation's Finest (Veterans) 707-442-4322
- RCAA Launch Pad Transitional Living
 Program

Ages 18-22

1100 California St., Eureka Long-term transitional living program for homeless youth or youth fleeing dangerous living situations. Drop-In hours 3 to 5 p.m. every Wednesday (or by appt.). 707-443-8322

 RCAA Youth Service Bureau – Our House Crisis Shelter

Ages 12-18

24-Hour Crisis Hotline provides shelter services for youth who may be experiencing homelessness, severe family conflict or fleeing from a dangerous living situation.

707-444-CARE (2273)RCAA Adult and Family Services

- RCAA Adult and Family Service 707-269-2013
- WISH Women's Crisis Shelter in Southern Humboldt 707-923-4100, 707-223-0043

Resources for People Experiencing Homelessness

• RCAA - Youth Services Bureau Raven Project (Ages 10 - 22)

523 T St., Eureka (Drop-In Center) Mondays 5 - 9 p.m., Wednesdays 1 - 6 p.m., Fridays 1 - 4 p.m. and Sundays 1 -5 p.m.

707-443-7099

Betty Kwan Chinn Day Center

 133 Seventh St., Eureka
 8 a.m. - 3 p.m., Mon. - Fri. Can call until 5 p.m.
 Homeless day center providing case

Homeless day center providing case management, food, employment and housing resources. Mobile Medical on Mondays. 707-407-3833

- Eureka Community Resource Center at St. Vincent de Paul Free Meal Laundry vouchers, mail service, referrals. 35 W. Third St., Eureka 707-442-5239
- DHHS Homeless Outreach & Mobile Engagement (HOME) and Mobile

Outreach programs

Call for outreach location. Staff work to engage with and identify appropriate resources.

707-296-5145

- Arcata House Partnership Annex 501 Ninth St., Arcata Clothing, food, hygiene supplies, CalFresh outreach, ID assistance, SSI/SSDI application assistance, address services and housing search assistance. 707-633-6236
- Fortuna Adventist Community Services 2331 Rohnerville Road, Fortuna 707-725-1166
- Salvation Army 2123 Tydd St., Eureka 707-442-6475
- Betty's Showers 35 W. Third St., Eureka Mon. - Fri. at 8 a.m. 707-407-3833
- AHHA Shower Care-A-Van Mobile showers and pop-up care center. Schedule at AHHA-Humco.org 707-298-1466
- Uplift Eureka Resource Center 1111 E St., Eureka Access resources including employment and housing, utilizing trauma-informed practices.

, 707-441-4242





Reach out to <u>HCRL@co.humboldt.ca.us</u> for updates, edits and questions.