Monday enu is Subject to Change* All grain products are 1009 h products offered.	% whole grain and/or whole grain		2 NTER B	3 REAK	
Nutri-Grain Bar - Apple Cinnamon Apple - Red Delicious Orange Juice Milk - NF Milk -1% LF	7 1 oz Cereal - Cheerios 1 oz Cereal - Frosted Mini Wheat Peeled Hardboiled Egg Juice Box - Apple Orange Milk - NF Milk - NF	8 Whole Grain Bagel Mixed Berry Cup - Frozen Seasonal Fresh Fruit Milk - NF Milk - 1% LF Lite Cream Cheese Cup	9 Peach Parfait Apple Slices - Red Kiwi Cinnamon Granola Milk - NF Milk -1% LF	10 Nutri-Grain Bar - Apple Cinnamon Banana - Fresh Seasonal Fresh Fruit Scooby-Doo Grahams Milk - NF Milk - 1% LF	
Apple Cinnamon Muffin - 2 oz Apple - Red Delicious Orange Juice Milk - NF Milk -1% LF	14 1 oz Cereal - Honey Nut Cheerios 1 oz Cereal - Kix Danimal 4 oz Yogurt - Straw / Ban Juice Box - Apple Orange Milk - NF Milk - 1% LF	15 Cinnamon Crumble Cake Mixed Berry Cup - Frozen Seasonal Fresh Fruit Milk - NF Milk - 1% LF	16 Pineapple Parfait Apple Slices - Red Kiwi Cinnamon Granola Milk - NF Milk -1% LF	17 Blueberry Nutri Grain Bar Banana - Fresh Seasonal Fresh Fruit Milk - NF Milk - 1% LF	
MARTIN LUTHOR KING JR. D <mark>AY</mark>	21 1 oz Cereal - Frosted Flakes Peeled Hardboiled Egg Rice Chex Cereal Juice Box - Apple Orange Milk - NF Milk -1% LF	22 Mini Pull Apart Bagels - Strawberry Cream Cheese Mixed Berry Cup - Frozen Seasonal Fresh Fruit Milk - NF Milk -1% LF	23 Blueberry Parfait Apple Slices - Red Kiwi Cinnamon Granola Milk - NF Milk -1% LF	24 Mini French Toast - Triple Berry Banana - Fresh Seasonal Fresh Fruit Milk - NF Milk -1% LF	
Banana Muffin - 2 oz Apple - Red Delicious Orange Juice Milk - NF Milk - 1% LF	28 1 oz Cereal - Cheerios 1 oz Cereal - Trix 4oz Yogurt - Vanilla Juice Box - Apple Orange Milk - NF Milk - 1% LF	29 Breakfast Buns Mixed Berry Cup - Frozen Seasonal Fresh Fruit Milk - NF Milk -1% LF	30 Peach Parfait Apple Slices - Red Kiwi Cinnamon Granola Milk - NF Milk - 1% LF	31 Nutri-Grain Bar - Apple Cinnamon Banana - Fresh Seasonal Fresh Fruit Milk - NF Milk - 1% LF	