## Break ast Menu November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
*Menu is Subject to Change*  **All grain products are 100% whole grain and/or whole grain rich products offered.  ***Vegetarian options are available daily.				1 Blueberry Nutri Grain Bar Banana - Fresh Seasonal Fresh Fruit Milk - NF Milk - 1% LF Maple Syrup - Individual Serving
4 Chocolate Chip Muffin - 2 oz Apple - Red Delicious Orange Juice Milk - NF Milk -1% LF	5 1 oz Cereal - Cheerios 1 oz Cereal - Frosted Mini Wheat Peeled Hardboiled Egg Juice Box - Apple Orange Milk - NF Milk -1% LF	6 Whole Grain Bagel Mixed Berry Cup - Frozen Seasonal Fresh Fruit Milk - NF Milk - 1% LF Lite Cream Cheese Cup	7 <b>Peach Parfait</b> Apple Slices - Red Kiwi Cinnamon Granola Milk - NF Milk -1% LF	8 <b>Nutri-Grain Bar - Apple Cinnamon</b> Banana - Fresh Seasonal Fresh Fruit Scooby-Doo Grahams Milk - NF Milk -1% LF
CLOSED VETERANS DAY	1 oz Cereal - Honey Nut Cheerios 1 oz Cereal - Kix Danimal 4 oz Yogurt - Straw / Ban Juice Box - Apple Orange Milk - NF Milk - 1% LF	13 Cinnamon Crumble Cake Mixed Berry Cup - Frozen Seasonal Fresh Fruit Milk - NF Milk -1% LF	14 Danimal 4 oz Yogurt - Strawberry Apple Slices - Red Kiwi Scooby-Doo Grahams Milk - NF Milk -1% LF	15 <b>Blueberry Nutri Grain Bar</b> Banana - Fresh Seasonal Fresh Fruit Milk - NF Milk - 1% LF
18 Apple - Red Delicious Orange Juice Cinnamon Toast Muffin Milk - NF Milk -1% LF	19 1 oz Cereal - Frosted Flakes Peeled Hardboiled Egg Rice Chex Cereal Juice Box - Apple Orange Milk - NF Milk -1% LF	20 Mini Pull Apart Bagels - Strawberry Cream Cheese Mixed Berry Cup - Frozen Seasonal Fresh Fruit Milk - NF Milk -1% LF	21 <b>Blueberry Parfait</b> Apple Slices - Red Kiwi Cinnamon Granola Milk - NF Milk -1% LF	Mini French Toast - Triple Berry Banana - Fresh Seasonal Fresh Fruit Milk - NF Milk -1% LF
25  Give Thanks	26	happy fall break	28 Happy Thanksgiving	29